

MON	TUE	WED	THU	FRI	SAT	SUN
10:00 am - 11:00 am Adult Karate (13+)	4:00 pm - 4:30 pm Little Dragons Karate (4-6)	4:00 pm - 4:30 pm Little Dragons Jiu-Jitsu (4-6)	4:00 pm - 4:30 pm Little Dragons Karate (4-6)		8:30 am - 9:00 am Karate Tots (3)	9:00 am - 10:00 am KickOut PD
4:00 pm - 4:30 pm Little Dragons Jiu-Jitsu (4-6)	4:30 pm - 5:30 pm All Ranks Karate (7+)		4:30 pm - 5:30 pm All Ranks Karate (7+)		9:00 am - 9:30 am Little Dragons Karate (4-6)	10:00 am - 10:30 am Little Dragons Karate (4-6)
4:45 pm - 5:45 pm Beginner & Novice Kids Jiu-Jitsu (7-9)	5:30 pm - 6:30 pm Competition Kumite Karate (7+)	4:45 pm - 5:45 pm Beginner & Novice Kids Jiu-Jitsu (7-9)	5:30 pm - 6:30 pm Competition Kata Karate (7+)		9:30 am - 10:30 am All Ranks Karate (7+)	10:45 am - 11:45 am Beginner-Intermediate Karate (7+)
5:45 pm - 6:45 pm Beginner & Novice Youth Jiu-Jitsu (10-15)	6:45 pm - 8:00 pm Adult All Ranks+Advanced Karate (13+ and 7+)	5:45 pm - 6:45 pm Beginner & Novice Youth Jiu-Jitsu (10-15)	6:45 pm - 8:00 pm Adult All Ranks+Advanced Karate (13+ and 7+)		10:30 am - 11:45 am Adult All Ranks + Advanced Karate (13+ and 7+)	11:45 am - 12:45 pm Kobudo Youth and Adult (7+)
						12:45 pm - 2:00 pm Adult All Ranks+Advanced Karate (13+ and 7+)

■ Kick Out PD
 ■ Little Dragons
 ■ Youth Karate
 ■ Adult Karate
 ■ Youth Jiu-Jitsu
 ■ Competition Team
 ■ Competition Karate Kata
 ■ Karate Tots