

MON	TUE	WED	THU	FRI	SAT	SUN
4:00 pm - 4:30 pm Little Dragons Karate (4-6)	12:00 pm - 1:00 pm KickOut PD	4:00 pm - 4:30 pm Little Dragons Karate (4-6)	12:00 pm - 1:00 pm KickOut PD		9:00 am - 9:30 am Karate Tots and Little Dragons Karate I (3-6)	
4:45 pm - 5:45 pm Beginner/Novice Karate (7+)	4:00 pm - 4:30 pm Little Dragons Karate (4-6)	4:45 pm - 5:45 pm Beginner/Novice Karate (7+)	4:00 pm - 4:30 pm Little Dragons Jiu-Jitsu (4-6)	4:30 pm - 5:30 pm All Ranks Karate (7+)	9:45 am - 10:15 am Little Dragons Karate II (4-6)	
5:45 pm - 7:00 pm Int/Adv (7+) & Adult All Ranks Karate (7+ / 13+)	4:45 pm - 5:45 pm Beginner/Novice Karate (7+)	5:45 pm - 7:00 pm Intermediate & Advanced Karate (7+)	4:45 pm - 5:45 pm Beginner Youth Jiu-Jitsu (7-15)		10:30 am - 11:30 am Beginner/Novice Karate (7+)	
7:00 pm - 8:00 pm Competition Kata (7+)	5:45 pm - 7:00 pm Intermediate & Advanced Karate (7+)	7:00 pm - 8:00 pm Adult Karate (13+)	5:45 pm - 6:45 pm Novice Youth Jiu-Jitsu (7-15)	5:30 pm - 7:30 pm Competition Kumite (7+)	11:30 am - 12:45 pm Int/Adv (7+) & Adult All Ranks Karate (7+ / 13+)	
	7:00 pm - 8:00 pm Adult Karate (13+)		7:00 pm - 8:00 pm Adult Jiu-Jitsu (16+)		1:00 pm - 2:00 pm Youth Jiu-Jitsu (7-15)	
					2:00 pm - 3:00 pm Adult Jiu-Jitsu (16+)	

■ Little Dragons
 ■ Youth Karate
 ■ Adult Karate
 ■ Competition Karate Kata
 ■ Kick Out PD
 ■ Youth Jiu-Jitsu
 ■ Adult Jiu-Jitsu
 ■ Competition Team