



# FONSECA MARTIAL ARTS

# CHICAGO

WINTER 2026

MON

TUE

WED

THU

FRI

SAT

SUN

4:30 - 5:00 pm  
Little Dragons (ages 4-6)

5:15 - 6:15 pm  
Beginner/Novice  
Karate (ages 7+)

6:15 - 7:30 pm  
Intermediate &  
Advanced Karate  
(ages 7+)

4:00 - 4:30 pm  
Little Dragons I (ages 4-6)

4:45 - 5:15 pm  
Little Dragons II (ages 4-6)

5:15 - 6:15 pm  
Beginner Karate  
(ages 7+)

6:15 - 7:15 pm  
Novice/Intermediate  
Karate (ages 7+)

7:15 - 8:15 pm  
Competition Karate  
Kata Int/Adv (ages 7+)

12:30 - 1:30 pm  
KickOut PD  
(Karate for Parkinson's)

4:30 - 5:00 pm  
Little Dragons (ages 4-6)

5:00 - 6:00 pm  
Beginner/Novice  
Karate (ages 7+)

6:00 - 7:00 pm  
Competition Karate  
Beg/Nov (ages 7+)

7:00 - 8:15 pm  
Int/Adv (7+) &  
Adult All Ranks (13+)  
Karate

4:00 - 4:30 pm  
Little Dragons I (ages 4-6)

4:45 - 5:15 pm  
Little Dragons II (ages 4-6)

5:15 - 6:15 pm  
Beginner Karate  
(ages 7+)

6:15 - 7:15 pm  
Novice/Intermediate  
Karate (ages 7+)

7:15 - 8:15 pm  
Competition Karate  
Kumite (ages 7+)

4:00 - 4:30 pm  
Karate Tots (age 3)

4:30 - 5:00 pm  
Little Dragons (ages 4-6)

5:15 - 6:15 pm  
Beginner-Intermediate  
Karate (ages 7+)

9:00 - 9:30 am  
Little Dragons I (ages 4-6)

9:45 - 10:15 am  
Little Dragons II (ages 4-6)

10:30 - 11:30 am  
Beginner/Novice  
Karate (ages 7+)

11:30 am - 12:45 pm  
Int/Adv (7+) &  
Adult All Ranks (13+)  
Karate

12:45 - 1:45 pm  
KickOut PD  
(Karate for Parkinson's)

9:00 - 9:30 am  
Karate Tots (age 3)

9:45 - 10:15 am  
Little Dragons I (ages 4-6)

10:30 - 11:00 am  
Little Dragons II (ages 4-6)

11:00 am - 12:00 pm  
Beginner/Novice  
Karate (ages 7+)

12:00 - 1:15 pm  
Int/Adv (7+) &  
Adult All Ranks (13+)  
Karate