



Effective Fall 2017

All Classes Require Pre-Registration

Classes are subject to cancelation if there are no pre-registrations

Karate Tots & Little Dragons

Parent Tot Movement

Ages 3-5 with a caregiver

Tue/Thu 10:30-11:30am

Karate Tots

Ages 3-4

Mon-Thu 3:30-4:00pm

Sat 8:30-9:00am

Little Dragons Karate

Ages 5-6

Mon-Thu 4:30-5:00pm

Saturdays 9:00-9:30am

Karate Youth & Adult

Youth karate (ages 7+) All Ranks

Mon-Thu 5:00-6:00pm

Saturdays 10:00-11:00am

Adult karate (ages 14+) All Ranks

Mon-Thu 6:00-7:00pm

Tue/Thu 9:30-10:30am

Karate Specialty Classes

Olympic Karate

Competition Kumite - all ranks

Mondays 7:00-8:00pm

KIAI (Karate Including All Individuals)

Tuesdays 4:00-4:30pm

DOJO KUN

Strive for betterment of character • Protect the way of truth • Respect others • Foster the spirit of effort • Guard against impetuous courage
