

FONSECA MARTIAL ARTS

MARTIAL ARTS CLASS SCHEDULE

WILMETTE DOJO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY
4:00		Little Dragons 1 Ages 4-5 White Belts Ages 4-6 Yellow Stripes 4:00 - 4:30 <i>(Sensei Elisa)</i>	Little Dragons 1 Ages 4-5 White Belts Ages 4-6 Yellow Stripes 4:00 - 4:30 <i>(Sensei Jaime)</i>	Little Dragons 1 Ages 4-5 White Belts Ages 4-6 Yellow Stripes 4:00 - 4:30 <i>(Sensei Elisa)</i>		10:30	Karate Ages 7+ (White - Black) 10:30 - 11:30 <i>(Sensei Elisa)</i>
4:30		Little Dragons 2 Ages 6&up White Belts Ages 4-6 Orange, Blue & Purple Stripes 4:30 - 5:00 <i>(Sensei Elisa)</i>		Little Dragons 2 Ages 6&up White Belts Ages 4-6 Orange, Blue & Purple Stripes 4:30 - 5:00 <i>(Sensei Elisa)</i>			
5:00		Karate All Ages (Orange - Black) 5:15 - 6:45 <i>(Sensei Elisa)</i>	Karate All Ages (White - Black) 5:00 - 6:00 <i>(Sensei Elisa)</i>	Karate All Ages (White - Black) 5:15 - 6:15 <i>(Sensei Elisa)</i>	Competition team All Ages Evanston Dojo 5:00 - 6:00 <i>(Sensei Elisa)</i>	2:00	Competition team All Ages Evanston Dojo 2:00 - 3:00 <i>(Sensei John)</i>

ALL CLASSES ARE SUBJECT TO CHANGE (Effective 9/7/2010)

1211 Washington --- Wilmette, IL 60091 --- 847.866.0200 --- www.FonsecaMartialArts.com

Dojo Kun

Strive for betterment of character / Protect the way of truth / Respect others / Foster the spirit of effort / Guard against impetuous courage

"The highest quality martial arts instruction in a positive, friendly, family atmosphere!"